

JPAC Waiver and Release Form

I fully understand that Jaycie Phelps Athletic Center LLC hereinafter referred to as JPAC, staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the JPAC staff to render first aid to my child or children in the event of injury or illness, and if deemed necessary by the JPAC staff to call our doctor and to seek medical help, including transportation by a JPAC staff member or its representatives to a health care facility or hospital, or the calling of an ambulance for said child should the JPAC staff deem this to be necessary.

Students may suffer injuries, possibly minor, serious, or catastrophic in nature. Gymnastics, cheerleading, trampoline and other activities under the JPAC programs can be dangerous and can lead to injury. Parents should make their children aware of the possibility of injury and encourage their children to follow all the safety rules and the coaches' instructions. JPAC, its coaches, instructors and other staff members, will not accept responsibility for the injuries sustained by any student during the course of any of the JPAC programs, or open gyms or in the case of any exhibition, competition, or clinic in which he or she may participate while traveling to or from the event.

With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by JPAC. I, my executors, or other representatives, waive and release all rights and claims for damages that I or my child may have against JPAC and/or its representatives whether paid or volunteer. I also affirm that I now have and will continue to provide proper hospitalization health, and accident insurance coverage which I consider adequate for both my child's protection and my own protection. I also understand that it is the parents' responsibility to warn the child about the dangers of gymnastics, cheerleading, open gyms, birthday parties, field trips or any other JPAC program and injury. The parent should warn the child according to what the parent feels is appropriate. JPAC will only warn the child through "Safety Messages" and our teaching style and progressions.

COVID 19 POLICIES

Everyone entering JPAC over the age of 2 years old will be REQUIRED to wear a facemask at all times. All warm up, stretching, conditioning, rotations, chalking, waiting, birthday activities, entering and exiting times will be in a mask. Please maintain 6 feet distance will in JPAC. Temperatures will be taken at the entrance of JPAC. Anyone with a temperature over 100 degrees will not be allowed to enter JPAC.

Please answer the following questions:

Have you had close contact with or cared for someone diagnosed with COVID-19 within the last 10 days? **YES or NO**

Have you experienced any cold or flu-like symptoms in the last 10 days (fever, cough, shortness of breath or other respiratory problem)? **YES or NO**

If you have answered yes to either of these questions, you will not be allowed to enter JPAC at this time.

Child Name: _____ Age: _____

Parent/Guardian Name (print): _____

Parent/Guardian Signature: _____

Date: _____ Phone: _____