

Cheer Extreme Allstars – Chicago Try Out Packet 2018 Parent/Athlete Handbook 2018-2019



Welcome to Cheer Extreme Allstars - Chicago. We are winding down our very successful second season and are excited to provide the following information regarding our program and the 2018-2019 All Star Competitive Cheer Season. Our athletes are hardworking, dedicated and award winning. Our coaches are top-notch, professionally driven and personally invested. Our facilities are competitive, updated and newly renovated. Our tumbling program is thorough, supported and result orientated. If you are devoted, loyal, enthusiastic and ready to be a champion, our program is for you.

# **PROGRAM PHILOSOPHY**

It is the general program expectation at CEA Chicago that the team is first – whereby the welfare of the team is ahead of an individual athlete. All decisions are made for the benefit of the team's performance, scoring and success.

Coaches will set individual and team goals for the season. Through instruction, athletes will work hard to obtain and even exceed those goals, building a strong work ethic for the future. CEA Chicago is not just focused on winning championships, but deeply believes in developing the lifelong success of the "whole athlete".

If it is in the best interest of the program, an athlete may be moved from one team to another team. This is a decision that will only be made through careful evaluation and communication. Athletes being moved to a different team should not be perceived as a negative consequence. The decision to move an athlete may be based off of one or more of the following reasons: Athlete's routine positions, Athlete's skill level, Athlete's attitude, Athlete's willingness to learn and improve in a group setting, Team's needs for competition, Attendance issues, and/or Injury.

In the end, we strive to create and sustain a premiere all-star cheer program whereby we value lasting friendships, dedication and loyalty, as well as develop lifelong skills such as compassion, empathy and the value of hard work. We believe that in that type of atmosphere is where champions are made.

# **GYM & STAFF CERTIFICATIONS**

### **USASF GYM AND STAFF CERTIFICATIONS**

The mission of the United States All Star Federation (USASF) is to support and enrich all athletes and members by providing consistent rules, safe environment, competitive excellence, and positive image for the sport.

- CEA Chicago is a certified gym member of the United States All Star Federation
- CEA Chicago staffs are all credentialed and certified members of the USASF.
- Athletes in the CEA Chicago program will be required to become a credentialed member of the USASF yearly

### PROFESSIONAL DEVELOPMENT/SAFETY DRIVEN

To ensure a constructive and safe learning environment at CEA Chicago, all staff members will be required to continue industry education and certifications. CEA Chicago Staff and Coaches participate in local and national training opportunities. To ensure a safe environment at CEA Chicago, coaches are certified and trained in: CPR, First-Aid, USASF All-Star coaching, Tumbling and Stunting.



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# ALL STAR CHEER AGE & SKILL LEVEL GUIDELINES

#### AGE GUIDELINES (AS OF AUGUST 31, 2018)

Tiny	Age 6 & Younger
Mini	Age 8 & Younger
Youth	Age 11 & Younger
Junior	Age 14 & Younger
Senior (Non Worlds)	Age 11 – 18
Senior (Worlds)	Age 13 -18

#### **SKILL LEVEL GUIDELINES**

No Tumbling Skills to Back Walk Over
Round Off Back Handspring
Standing Back Handspring
Round Off Back Handspring Tuck
Punch Front
Round Off Back Handspring Layout
Standing Tuck
Round Off Back Handspring Full
Standing Two Back Handspring Full
Round Off Back Handspring Double,
Standing Full

# **TRY OUT INFORMATION**

The team selection process includes Athlete Evaluations and Team Evaluations (May 11-12 and May 18–19). On the applicable tryout date detailed below, athletes will attend their age appropriate time block anytime during the allotted time period. We anticipate that each athlete will be in tryouts for approximately one (1) hour. <u>We ask that athletes arrive thirty (30) minutes prior to their time block to turn in paperwork and complete registration. If you are unable to attend the age specific tryout, do not worry, please contact our front desk to arrange an alternative tryout time</u>

### May 11, 2018

Age 11 & Under: 6:00pm-7:30pm Age 12 & Over: 7:30pm-9:00pm

## May 12, 2018

Age 11 & Under: 10:00am – 12:00pm Age 12 & Above: 12:00pm-2:00pm

### May 18, 2018

Age 11 & Under: 6:00pm-7:30pm Age 12 & Over: 7:30pm-9:00pm

## May 19, 2018:

Age 11 & Under: 10:00am – 12:00pm Age 12 & Above: 12:00pm-2:00pm

## May 20, 2018 - Flyer Tryouts

All Ages: 10:00am-12:00pm

### May 21, 2018 – Callbacks\*

Levels 1 – 3: 6:00pm-7:00pm Levels 4 – 5: 7:00pm-8:00pm \* Callback information will be provided no later than May 19th by 10:00pm

## Try Out Check List

- Athlete Tryout Information (pg. 12)
- □ Parent/Athlete Code of Conduct (Pgs. 13-14)
- □ Copy of Birth Certificate (new athletes only)
- □ \$50.00 Registration Fee
- □ Athlete Picture

Athletes will stretch, warm-up and practice with skill level, perform motions, jumps, standing and running tumbling. Following tumbling evaluations, staff will group athletes together for stunt practice and evaluation.



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### May 24, 2018: TEAL REVEAL (6:00-8:00pm)

Come join us for a CEA tradition, Teal Reveal, on Thursday, May 24, 2018 from 6:00-8:00 p.m. Each athlete will receive an envelope that will reveal placement for the 2018-2019 season. This is an event whereby athletes will have the opportunity to meet their future teammates. Registration paperwork and fee payment(s) will be collected at this time. Summer Team Practices will begin on May 29, 2018.

Payments due at the time of Registration are:

- Partial Monthly Tuition payable by Cash, Check or Credit/Debit Card
- \$100 Parent Association Dues payable by Cash or Check

### PAYMENT PROCEDURES AND TENTATIVE CALENDAR

### WEBSITE REGISTRATION AND PAYMENT AUTHORIZATION

All athletes will need to register and provide payment authorization upon team selection and acceptance. Information will be provided. All financial obligations are set forth herein and will be strictly adhered to. If there is a concern and/or unforeseen financial hardship, it is crucial that the lines of communication between the family and the gym remain open and honest. To keep the financial commitment respectful to the families and regionally competitive, it is imperative that financial commitments and obligations are met in a timely manner.

In order to keep the All-Star fees at a lower cost, CEA Chicago expenses must be paid on time. Monthly fees are posted to athlete accounts at the end of the prior month. (Example: July fees are billed in June). Monthly payments are due no later than the 3<sup>rd</sup> of each month. <u>Monthly payments not received by the 3<sup>rd</sup> of each month will be</u> <u>automatically charged to the card on file</u>. Accounts not paid by the 4<sup>th</sup> of the month will be assessed at \$15 late fee. All payments are non-refundable.

ANNUAL FINANCIAL OBLIGATIONS (May 2018 - May 2019)			
Itemized Fee	Tinys (Ages 2-5)	Level 1	Level 2-5
Elite Retreat *LEVEL 5 ATHLETES*			TBD
TOTAL TUITION	\$,1,854.00	\$2,754.00	\$4,140.60
Hyperflex Stretch Conditioning *Once a month mandatory flying training \$25/month*		\$309.00	\$309.00

Annual Financial Obligation Payments made in full by cash or check before June 15th will be entitled to a 10% discount.



## MONTHLY OBLIGATIONS

Payment Monthly	Tinys (Ages 2-5)	Level 1	Level 2-5
June 2018 - April 2019	\$154.50	\$231.75	\$360.00 ** ***
May 2019			\$172.50 ** ***

Tuition is paid monthly per athlete for all teams. Tuition includes registration fees, coaches' fees, USASF membership fee, choreography and music, make up kit, and competition fees, however monthly tuition excludes the applicable competition fees for teams attending CheerSport (Atlanta), NCA (Dallas), UCA (Orlando) and/or Worlds/Summit (Orlando), Those fees will be added based upon which competition the team will be attending. The Gym reserves the right to add additional competitions at additional expense at any time for the betterment of the program.

\*\*Families with multiple athletes will receive a 25% discount per additional athlete after the first full paid athlete. \*\*\* Payments made by cash or check will receive a 3% discount.

### **CROSSOVER FEES**

Each Crossover Athlete will be subject to an additional monthly tuition fee of \$10.00 per month; per team and an annual Crossover Fee of \$200.00 per year, which is due upon acceptance of team placement. Additional competition fees as established by the competition companies may be required as well.

## ADDITIONAL FEES

Teams will go to either CheerSport in Atlanta, GA, NCA Nationals in Dallas, TX and/or UCA in Orlando, Florida. Team selection and location will be determined solely by the Gym. If selected, details for additional competition fees are as follows:

FEE DESCRIPTION	COST	DUE DATE
NCA Nationals Coach & Competition Fees	\$275.00	TBD
UCA Nationals Coach & Competition Fees	\$275.00	TBD
CheerSport Coach & Competition Fees	\$275.00	TBD
		and the second se
Beach Camp in North Carolina (Level 5)	\$590.00**	

Athletes competing as a crossover at the same competition will incur a crossover fee. Athletes competing in each competition separately will be responsible for the full competition fee.

\*\* Beach Camp is a time honored tradition at Cheer Extreme and allows our upper level athletes to work together with the upper level athletes and coaches of Cheer Extreme in North Carolina. Cost at this time is an estimate only and subject to change.

### The Summit & the Cheerleading Worlds

Please note that if a team receives a bid to The Summit and/or The Cheerleading Worlds, there will be additional competition fees, coaches' fees and travel expenses. The total cost to compete at these events will be determined at the time of bid acceptance. *Athlete accounts must have a zero balance in order to participate*.



#### UNIFORMS AND APPAREL PACKAGE

The 2018-2019 season will have a new uniform which will be worn for two (2) seasons. All athletes will be required to purchase the Warm-Up Jacket and Apparel Package. It is important to be sized for all items, at the scheduled times, to ensure a timely arrival.

MERCHANDISE LIST	COST
Uniform	\$ 400.00
Uniforms (Tiny)	\$100.00
Warm Up Jacket*	\$125.00
Varsity Apparel Package	\$ 140.00
Competition Bow	\$30.00

\* Warm Up Jacket is the same design as last season, so no need to purchase if you already have one

Apparel Package will consist of Varsity practice wear, practice bow, t-shirt and makeup. All practice wear ordered throughout the season will be made by Varsity. Merchandise items are to be paid in addition to the aforementioned monthly CEA fees. **Please do not remit payment for merchandise without an accompanying order form.** If an athlete quits or is removed from a CEA team, prior to receiving merchandise, you will NOT receive a refund for the purchase price or the merchandise.

During the season teams may decide to do team specific merchandise. These items will be at an additional cost to the athlete.

#### NATIONAL CHEER EXTREME ALLSTARS BRAND AND LOGO POLICY

All CEA letters and logos are copyright protected. All spirit wear, spirit items and apparel items with CEA or team names are to be purchased through Cheer Extreme. Anyone that attempts to sell or give away items with CEA logos and/or references will be in violation of our Brand and Logo policy.

### **FUNDRAISING POLICY**

CEA does offer and/or support any form of fundraising whether for individual athletes or teams. Any and all fundraising activities that are organized outside of CEA may not use any form of the following: CEA name, CEA logo, CEA team name or any items that carry affiliation with the CEA brand in any way.



### **TENTATIVE CALENDAR**

The following is a tentative 2018-2019 Calendar. We have included important dates, holidays and breaks when we will be closed. All holiday/break schedules, as well as Competition Schedule shall be set no later than September 1, 2018. The Holiday Schedule and Competition Schedule are always subject to change at the discretion of the Gym.

### 2018-2019 GYM HOLIDAY SCHEDULE - GYM CLOSED

May 26 - 28, 2018	Memorial Day
July 4 - 5, 2018	4 <sup>th</sup> of July
September 1- 3, 2018	Labor Day
November 21 – 25, 2018	Thanksgiving Break
December 18, 2018 – January 2, 2019	Holiday Break
March 25 – April 1, 2019	Spring Break*
April 21, 2019	Easter

\* PRACTICES MAY BE HELD AT THE DISCRETION OF THE COACHES FOR ATHLETES NOT AWAY DURING SPRING BREAK.

COMPETITION	LOCATION	DATE	BID
CSG Cheer For the Cure	Arlington Hts, IL	November 3	THE ONE
American Cheer Power	DeKalb, IL	November 11	Wild Card Summit Bid
Athletic Championships	St. Louis, MO	November 17-18	D1 Summit Bids
CSG Holiday Classic	DeKalb	December 1-2	THE ONE
WSF	Louisville, KY	December 8-9	D1 Summit Bids
Cheerlebrity	Cleveland, OH	January 5-6	D1 Summit Bids
COA	Chicago, IL	January 13	Wild Card Summit Bid
JamFest Super Nationals	Indianapolis, IN	January 19-20	D1 Summit Bids
CheerSport	DeKalb, IL	January 20	Wild Card Summit Bid
CSG Super Nationals	Schaumburg, IL	February 9-10	The One
The American Championship	Schaumburg, IL	February 9-10	D1 Summit Bids
CheerSport Nationals	Atlanta, GA	February 22-24	D1 Summit Bids
NCA Nationals	Dallas, TX	March 1-2	D1 Summit Bids
GLCC Nationals	Schaumburg, IL	March 9-10	D1 Summit Bids
CheerPower	Columbus, OH	March 23-25	D1 Summit Bids

# 2018-2019 TENTATIVE/POTENTIAL COMPETITION SCHEDULE

# **BID ONLY COMPETITIONS**

COMPETITION	LOCATION	DATE
WORLDS	Orlando, FL	April 27-29
The Summit	Orlando, FL	May 3-7
The One	TBD	TBD

<u>Please note that these dates are not confirmed but for potential planning purposes only.</u>



# ATTENDANCE POLICIES & PROCEDURES & DRESS CODE

# TEAM PRACTICE ATTENDANCE

Practice attendance is mandatory and compliance with the attendance policy will be strictly enforced. An athlete's team position will be jeopardized for noncompliance with all of the attendance policies.

# SUMMER SESSION PRACTICES

Level 1-5 includes two (2) weekly practices plus one (1) tumbling class. Tiny includes one (1) weekly practice plus one (1) tumbling class

Summer Practices will be scheduled Monday – Thursday

# **COMPETITION SEASON PRACTICES**

Level 1-5 Competition season includes three (3) weekly practices including an additional one (1) tumbling class Tiny includes one (1) weekly practice plus one (1) tumbling class

Practices will be scheduled Monday – Thursday and (1) weekend day

If an athlete is absent from practice for any reason, whether excused or unexcused, he/she is responsible for learning all routine changes made prior to the next practice.

Practices may be changed or added at any time throughout the year.

## **TEAM ABSENCE ALLOWANCE AND PROTOCOL**

- Absences must be submitted two (2) weeks prior to any planned absence.
- Athletes are only allowed (3) excused absences during Competition Season.
- After you have reached the maximum number of absences, a mandatory meeting with your coach will be set. Your athlete will sit out of practice until the meeting takes place.
- When athletes reach the maximum number of absences, he/she may be placed as an alternate, removed from choreography and/or removed entirely from the team.
- Unexcused absences are NEVER allowed the week (Mon-Sat) prior to a competition. If an athlete is absent he/say may be removed from the routine for that event. This is at the discretion of the owner, director and coach.
- If a parent chooses to withdraw an athlete from a competition, for any reason, there will be a \$100.00 missed competition fee charged to your account.
- Missing a competition without prior notice, and/or approval, may result in immediate dismissal from the program. This is at the discretion of the owner and director



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# **EXCUSED ABSENCES**

Instances that qualify as an excused absence are as follows:

- School functions that result in a grade
- Hospitalization
- Serious illness or injury to athlete or family member
- Death in the family
- Required official school cheerleading, ceremonies, or field trips dealing with academics only
- Excessive excused absences may alter an athlete's routine position.

### **UNEXCUSED ABSENCES**

Instances that do not qualify as an excused absence are as follows:

- Academics: Academics are high priority and CEA Chicago stresses the importance of education; however, homework, projects, and studying are unexcused absences. Proper time management is expected.
- Extra-Curricular Activities and Jobs: Extracurricular activities and jobs need to be scheduled around the commitment to CEA Chicago.
- Church: Church is an understood priority at CEA Chicago and with many of our families however; absences related to youth groups, retreats, etc., are unexcused.
- Transportation issues
- Non-life threatening illness

## ILLNESS, INJURY, AND UNEXPECTED FAMILY EMERGENCY

CEA understands that an unexpected absence may occur due to an illness, injury, or family emergency. Please see guideline below:

**Illness:** Athletes are expected to be at practice unless they have a fever, as a fever can mean that an athlete is contagious. Practice participation will be situation based and at the coach's discretion. A doctor's note listing the treatment and length of recovery should be attached to an ARF for the absence to be excused.

**Injury:** In the event that an athlete is injured, you should notify your coach immediately. Please provide a doctor's note with information details concerning the prognosis, recovery time and any change in circumstance affecting their ability to perform. We will re-choreograph routines based on the athlete's injury and length of recovery. It is not guaranteed that an athlete will be choreographed back into the routine upon recovery. **Injured athletes must continue with payment in full.** 

## Unexpected/Family Emergency: Contact your director, team coach/team rep ASAP.



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# PARENT TRAVEL OBLIGATIONS

- Parents are responsible for their athlete's activities and behavior at out-of-town events.
- Athletes and families are required to stay in the hotel blocks that are provided.
- If a parent/guardian cannot attend an out of town event, you must arrange for another CEA parent, or responsible adult, to travel with your athlete. They will assume responsibility for the athlete and ensure the athletes' adherence to all CEA rules and policies throughout the entirety of the event.
- Parents must understand that camps and competitions are not vacations. The athletes' time and focus should be fully committed to CEA and all related activities throughout the entirety of the event.
- Parents *must* follow the "Stay-to-Play" guidelines when booking hotel rooms for out of town competitions and events (when necessary.) Please note that CEA Chicago does not have the ability to change these guidelines, rules or procedures as individual event producers enforce them.
- For out-of-town events, athletes should plan to arrive the Friday of the event and leave on the Monday following the event. Schedules are released the week of the event or as provided by the Event Producer.
- CEA is **not** financially responsible for event scheduling or changes that conflict with purchased flights and hotels. We do recommend, when making travel arrangements, that you choose a refundable or transferable option. Please note that you are not required to fly to out-of-town events.
- Refunds will *not* be considered by CEA Chicago for any travel arrangements made by families.

# DRESS CODE

## PRACTICE DRESS CODE

- Athletes must wear the designated practice clothes and cheer shoes to every practice.
- If an athlete is an alternate, injured or sick, he/she must wear the correct practice clothes to every scheduled practice.
- Hair must be pulled out of the face, in a high ponytail at every practice. Short chin-length hair may be worn pulled back with a headband or half-up/half-down.
- Athletes are required to wear a bow to scheduled practices.
- Practice clothes may sometimes shrink and athletes will likely grow throughout a season. Should the fit become extremely unflattering or inappropriate, CEA Chicago Staff may require an athlete to purchase larger sized practice shorts or tops.
- Male Athletes' hair must be cut out of the face and off of their neck. Faces should be cleanly shaven.
- Female athletes must wear bloomers under their practice attire at all times.
- Female athletes are encouraged to wear sports bras under their practice tops in order to provide adequate support. Sport bras may even be layered for additional support.
- We recommend that no jewelry be worn in the gym. Neither CEA, nor CEA employees, are responsible for jewelry if it is worn into the gym, removed for practice, lost or stolen.
- CEA Chicago recommends that athletes use the summer months to have their ears pierced. We understand that it is an important step for our younger athletes; however, due to rules and regulations set by the industry, athletes may not simply cover and/or plug a piercing while competing.



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# **COMPETITION DRESS CODE**

"Competition Ready" dress code is required upon arrival to a competition venue:

- Full Uniform. (This includes "competition" hair)
- Official CEA warm-up. (Uniform should be worn under the warm-up.)
- Hair should be secured in a high ponytail with CEA bow or headband as directed by coach
- CEA bow or headband is required for "Competition Ready" dress code.
- Athletic shoes must be worn at all times. Absolutely NO boots, flip-flops, Ugg boots, etc.
- No jewelry allowed at any time while practicing, warming up or competing. Most competition companies will apply deductions if worn on the floor.
- NO hats of any type.
- Uniform skirts should be worn under accompanying athletic attire.
- Apparel and/or backpacks worn must be either CEA specific and/or specific to the competition that the athletes are attending.
- Due to rules and regulations set by the industry, athletes may not simply cover and/or plug a piercing while competing. Please plan accordingly.

CEA is known for showcasing well-dressed and well-mannered athletes. These rules allow the athletes to equate the CEA uniform with being viewed as one of the classiest all-star cheerleading programs.

# CEA Chicago: Role of the Staff, Athlete & Parents

## **ROLE OF THE STAFF**

The CEA Chicago Staff is highly trained, motivated and committed to the success of your athlete. Parents and athletes can expect the CEA Chicago Staff to provide a fun, safe and overall positive atmosphere and training experience for your athlete, always be approachable and friendly while maintaining a professional relationship with each athlete and parent, enforce all rules and regulations, as outlined in the Parent and Athlete Handbook, instruct skills in a manner that is technically precise, safe and appropriate for the individual athlete, and provide parents with thorough athlete and team updates throughout the season.

## **ROLE OF THE ATHLETE**

As members of CEA Chicago, athletes are expected to adhere to all rules and policies listed throughout the Handbook at all times. CEA Chicago athletes are expected to remain positive, treat fellow teammates, coaches, staff, and parents with respect, avoid gossip and drama, practice good sportsmanship, accept both constructive criticisms and praise for a job well done, not participate and/or instigate in bullying, refrain from use profanity and/or abusive language, act with integrity and class, not consume alcoholic beverages and/or participate in illegal behavior, refrain from using any social networking, messaging services or electronic media to distribute negative or inappropriate information that could be detrimental to yourself, your family, and the CEA brand or reputation in any way, and remain mindful that all decisions reflect on yourself, your family, your team and the CEA program. Please note violations may result in immediate dismissal from the program.



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### **ROLE OF THE PARENT**

CEA Chicago Parents are expected to encourage their athletes to treat fellow teammates, staff and other parents with respect at all times, ensure that their athlete understands what is expected of them as a CEA athlete, in regards to the attendance policies, dress codes and rules outlined by the CEA Chicago Handbook, remain respectful, drama-free and not instigate or spread gossip, defer to the coaches discretion regarding team decisions, refrain from using any social networking, messaging services or electronic media to distribute negative or inappropriate information that could be detrimental to yourself, your family, and the CEA brand or reputation in any way, never withhold an athlete from class and/or practice as a form of punishment, refraining from threatening to quit or pull your child from a team and understand that the parent viewing room is open as a privilege and not a right. If the viewing area becomes a parent issue, CEA has the right to close the area at any time without prior notice. Please note violations may result in immediate dismissal from the program.

# **Cheer Extreme Allstars Chicago: Protocol for Athlete Discipline**

Athletes are expected to behave themselves in a manner that is consistent with the rules listed throughout the CEA Chicago Handbook. These expectations will be upheld at all CEA Chicago events: camps, classes, clinics, competitions, practices, and any point at which the athlete is under watch of the CEA Chicago Staff. When an athlete's behavior does not meet the expected standards and/or the athlete continues to pose a problem while under CEA Chicago supervision, disciplinary action will be enforced.

## The CEA Chicago approach to athlete discipline will be conducted as follows:

1: The coach will discuss the issue with the athlete; however, a form of conditioning and/or appropriate discipline may be included.

2: The coach will remove the athlete from practice. In turn, this may cause an athlete to lose valuable class and/or team instruction. Make-up classes will not be allowed.

3: The coach will set up a meeting with the Director, the athlete and the parent to discuss the issue and the lack of response from the athlete. Parents will have the opportunity to be involved with correction of the problem at this time.

4: If the problem continues, the athlete will be suspended from participation in practices and/or class training. The athlete must attend all practices on time and in full dress code; however, the athlete will not be allowed to participate. The goal is for the athlete to gain a renewed perspective on the importance of respect for the coach and team by observing the practice on the "outside looking in."

5: The athlete will be removed from the team. This will only occur in the most extreme cases. Rest assured, CEA Chicago Staff members make every effort to find an acceptable solution in a fair and consistent manner.

# 2018-2019 ATHLETE TRYOUT INFORMATION Please affix Athlete Photo to this Form

Athlete's Name:			
Date of Birth:	Current Age:	Age as of August 31,	2018:
Address:			
City:	State:	Zip:	
Athlete Cell Phone	Athlete E-mail:_		
Athlete's School:	Athlete's 18-19	Grade:	
Parent/Guardian Name:			
Parent/Guardian Cell Phone:	Parent/Guardia	n Email:	
Emergency Contact:	Allergies/Medi	cations:	
Sizes: T-Shirt Size: Sports Bra:	Short:	Hoodie:	Jacket:
Athlete's Prior Cheer Experience:	$\mathbf{n}$	$\mathbf{m}$	
Athlete's Previous All-Star Gym (if applicable	.):		
Previously Competed All-Star Level and Posit	tion (if applicable):		Ser. Contraction of the second
Expected All-Star Level:	<u>allsi.</u>	A R S 🦰	
I am interested in the following Age Division:		Stunt position:	
Do you have siblings in the program?	If yes, m	ust siblings be on the same	team?
If cheering on a team with siblings and/or sp below:	-	lease list them	
Do you wish to be considered for multiple tea	nms subject Crossover Fe	es? Yes:No:	
Please list any expected absences for Summe	r 2018:		
	FOR OFFICE USE ONLY:		
New Athlete Returning	Athlete Birth Certifi	cate Registration Fee I	?d
2018-2019 Team Selec	tion:		

# 2018-2019 PARENT/ATHLETE CODE OF CONDUCT

### **Financial Terms**

- I understand that all monthly tuition fees **must** be paid by the 3rd of each month, beginning on May 24, 2018. **No exceptions.** All athletes must provide a debit/credit card on file. If payment is not received by the 4<sup>th</sup> of each month, the card on file will be automatically charged. I understand that if debit/credit card information changes, I will notify CEA Chicago **immediately.**
- \_\_\_\_\_ I understand that there **must** be a 30 day written notice to leave the program and I understand I will be drafted until notice is received. Termination notices given to Coaches or Team Moms will **not** be accepted.
- \_\_\_\_\_ I understand that all competition fees are NON-REFUNDABLE.
- I understand that if I have an outstanding balance after 30 days, my child will be asked to sit out and a replacement will learn my child's position. I also understand that if I have an outstanding balance after 60 days, my child will be asked to leave the program.
- \_\_\_\_\_\_ I understand that **no** flight purchased or travel arrangements for an event will be considered for reimbursement.

\_\_\_\_\_ I understand that mandatory skills camp/choreography fee, if applicable, is due 2 weeks prior to the summer camp.

#### Attendance Terms

- I understand that Competitive Cheerleading is a team sport and that practice cannot be taken away from the athlete as a consequence for bad behavior at home or at school. Athletes should be able to handle school work and practices. Homework load is **not** an acceptable excuse for missing practices.
- Athletes are only allowed 3 unexcused absences for vacation/school-related commitments. Each absence must be excused at least 1 week ahead of time so that alterations to scheduling may be made if necessary, and I agree to follow the guidelines listed in the Attendance Policy beginning June 1, 2018 through the end of the 2018-19 season.
- I understand that practices may be changed or added at **any** time during the season.
- I understand that if my athlete is on a team competing in April or May, **ALL practices in April are Mandatory. NO EXCEPTIONS!** (The gym is open during school Spring breaks; attendance will be required for all Scheduled practices during this time)
- \_\_\_\_\_ I understand if an athlete is injured, a doctor's note is required for return participation, however, until all required skills can be performed, it is at the coaches' discretion to return athlete to the routine

#### **General Terms**

- \_\_\_\_\_ I understand that threatening to quit or pull a child from a team will be grounds for immediate dismissal from the program
- \_\_\_\_\_ I understand that **ONLY** cheerleaders and coaches are allowed in the gym (this includes during any private lessons, tumbling classes or practices)
- \_\_\_\_\_ I understand the coaches reserve the right to close practices at **ANY** time for **ANY** reason. In this event, the Team Mom/Dad may remain with team.
- \_\_\_\_\_I understand that if an athlete loses the skills they tried out with, it is the coaches' discretion to appoint athlete as an alternate until the skills are performed again.

I understand that no spots are guaranteed on any team and athletes may be demoted or appointed as alternate if no	ot
able to perform required skills of specific team.	

- \_\_\_\_\_I understand that "**Good Sportsmanship**" will be practiced at **ALL** times while representing Cheer Extreme, in person AND on Social Media. EVERY athlete and parent is expected to exhibit good conduct and to be a positive Ambassador of our program EVERYDAY!
- I understand if you have any questions or concerns that need immediate attention please use the following chain of command: (1) *Team Parent, (2) Head Coach, (3) AllStar Director and (4) Owner.*
- \_\_\_\_\_ I understand that Cheer Extreme Allstars maintain the right to refuse services at any time.
- I understand that I must maintain good sportsmanship, polite manners and a good disposition at all practices, classes and competitions.
- \_\_\_\_\_ I understand it is the athlete's responsibility to wear the appropriate practice wear to every practice.
- I understand that personal items such as cell phones, school bags, or gym bags must be stored in the proper place during practices. All cell phones must be turned OFF before practice starts. Cell phones left lying around the gym floor will be removed from the gym. CEA is NOT responsible for lost or stolen items.
- I will not gossip about any other teams (allstar or school), about another athlete on my team or another team and/or coaches or staff.
  - \_\_\_ I will refrain from the use of profanity.

\_\_\_\_ I will arrive at all practices, competitions or any scheduled events on time.

I understand that no one is allowed to yell onto the floor or try to make contact through the parent viewing area during practices or tumbling classes. This is extremely distracting and may cause injury to an athlete.

I understand that is our responsibility to know what is going on with your child's team(s). Please check Team GroupMe and Gym/Team Facebook pages *frequently* for updates and last minute changes, especially on competition days. Team Moms may also use email and or text messaging.

I understand that parents, relatives, friends, and cheerleaders are *never* allowed to speak with competition officials for any reason. I understand that we are *never* allowed to represent Cheer Extreme Allstars under any circumstances concerning accommodations, competitions or any other situation unless asked to by the Gym.

- \_\_\_\_\_ I understand that anonymous emails/letters/texts/Twitters/Social Media Posts, etc will be ignored.
- \_\_\_\_\_ I understand that the Gym Manager/Owner/AllStar Director may change, add or subtract any rule at any time.

Athlete Name:	Parent Name:
Athlete Signature:	Parent Signature:
Date:	Date: